| Date | Start | End | Event Name | Location | Dismiss | Depart | Return | Description |
|----------------|----------|----------|---------------------------------------|--------------------------|----------|---------|---------|-------------|
| Mon 03/18/2024 | 6:00 pm | 7:00 pm | Spring Sports Parent/Athlete Meeting | Auditorium | | | | |
| | | | | U32 Middle & High School | | | | |
| Mon 03/25/2024 | All Day | All Day | High School Spring Sports Start Date | U32 Middle & High School | | | | |
| Mon 03/25/2024 | 2:15 pm | 3:45 pm | HS Track and Field Practice | Gym A (Old) | | | | |
| Tue 03/26/2024 | 4:30 pm | 6:00 pm | HS Track and Field Practice | Gym B (New) | | | | |
| Wed 03/27/2024 | 2:15 pm | 4:30 pm | HS Track and Field Practice | Gym B (New) | | | | |
| | | | | Gym A (Old) | | | | |
| Thu 03/28/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | Gym A (Old) | | | | |
| Fri 03/29/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Mon 04/01/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | Gym A (Old) | | | | |
| Tue 04/02/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | Gym B (New) | | | | |
| | | | | All-Weather Track | | | | |
| Wed 04/03/2024 | 2:15 pm | 4:30 pm | HS Track and Field Practice | Gym B (New) | | | | |
| | | | | Gym A (Old) | | | | |
| Thu 04/04/2024 | 3:60 pm | 4:30 pm | HS Track and Field Practice | Gym A (Old) | | | | |
| | | | | Gym B (New) | | | | |
| Fri 04/05/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | All-Weather Track | | Ť | Ť | |
| Fri 04/05/2024 | 4:30 pm | 6:00 pm | HS Track and Field Practice (THROWERS | Gym B (New) | | | | |
| | | | ONLY) | | | | | |
| Tue 04/09/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Wed 04/10/2024 | 2:15 pm | 4:30 pm | HS Track and Field Practice | Gym B (New) | | | | |
| | | | | Gym A (Old) | | | | |
| | | | | All-Weather Track | | | | |
| Thu 04/11/2024 | 3:00 pm | 6:00 pm | HS Track @ Burlington | Burlington High School | 12:45 pm | 1:00 pm | 7:00 pm | |
| Fri 04/12/2024 | 3:00 pm | 4:30 pm | HS Track and Field Practice | Gym A (Old) | | | | |
| | | | | All-Weather Track | | | | |
| Mon 04/15/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Tue 04/16/2024 | 3:00 pm | 5:00 pm | HS Track @ St. Johnsbury | St. Johnsbury Academy | 12:45 pm | 1:00 pm | 6:00 pm | |
| Wed 04/17/2024 | 2:00 pm | 5:00 pm | High School Spring Sports Photo Day | U32 Middle & High School | | | | |
| Wed 04/17/2024 | 2:15 pm | 4:30 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Thu 04/18/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Fri 04/19/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Mon 04/22/2024 | 10:00 am | 12:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Tue 04/23/2024 | 3:30 pm | 6:30 pm | HS Track @ St. Johnsbury | St. Johnsbury Academy | | 1:45 pm | 7:30 pm | |
| Wed 04/24/2024 | 10:00 am | 12:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Thu 04/25/2024 | 10:00 am | 12:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Fri 04/26/2024 | 10:00 am | 12:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Mon 04/29/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |

| Date | Start | End | Event Name | Location | Dismiss | Depart | Return | Description |
|----------------|----------|----------|---|------------------------------|----------|----------|----------|-------------|
| Tue 04/30/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Wed 05/01/2024 | 3:00 pm | 6:00 pm | HS Track Home Meet | All-Weather Track | | | | |
| Thu 05/02/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Fri 05/03/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Sat 05/04/2024 | 3:00 pm | 10:00 pm | HS Track @ Twilight Meet | South Burlington High School | | 1:00 pm | 11:00 pm | |
| Ned 05/08/2024 | 3:00 pm | 6:00 pm | HS Track @ Mount Mansfield | Mount Mansfield Union | 1:00 pm | 1:15 pm | 6:45 pm | |
| Sat 05/11/2024 | 9:00 am | 2:00 pm | HS Track @ Burlington Invitational | Burlington High School | | 7:30 am | 2:45 pm | |
| Ned 05/15/2024 | 2:15 pm | 4:15 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Γhu 05/16/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| ri 05/17/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Mon 05/20/2024 | 3:00 pm | 6:00 pm | HS Track @ Champlain Valley Union | Cvu High School | 1:00 pm | 1:15 pm | 6:45 pm | |
| Tue 05/21/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Ved 05/22/2024 | 2:15 pm | 4:15 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Thu 05/23/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Fri 05/24/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Sat 05/25/2024 | 9:00 am | 2:00 pm | HS Track @ Essex Invitational | Essex High School | | 7:30 am | 2:45 pm | |
| Tue 05/28/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Tue 05/28/2024 | 3:00 pm | 5:00 pm | HS Track @ St. Johnsbury Last Chance | St. Johnsbury Academy | 12:45 pm | 1:00 pm | 5:45 pm | |
| Ned 05/29/2024 | 2:15 pm | 4:15 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Γhu 05/30/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Fri 05/31/2024 | 2:00 pm | 6:00 pm | HS Track @ Division II State Championship | Burlington High School | 11:45 am | 12:00 pm | 7:00 pm | |
| | | | Meet | | | | | |
| Mon 06/03/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Tue 06/04/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Ned 06/05/2024 | 2:15 pm | 4:30 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Thu 06/06/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| ri 06/07/2024 | 3:00 pm | 5:00 pm | HS Track and Field Practice | All-Weather Track | | | | |
| Sat 06/08/2024 | 10:00 am | 4:00 pm | HS Track @ New England Championship Meet | University of New Hampshire | | 6:30 am | 6:30 pm | |
| Mon 06/10/2024 | 6:00 pm | 7:30 pm | Spring Sports Dessert Social | Cafeteria | 1 | | | |